



## School Food Menu

**Week 1**      **05/11/2018 -**  
**09/11/2018**

Days	Salads/soup	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday-5/11	Onion/ Lemon Salad	Poori	Plain rice	Chole	Aloo Tomato Fry	Toor Dal	Plain curd	Lemon Pickle	Butter chutney sandwich/Jam Sandwich-PP
Tuesday-6/11	<b>DIWALI HOLIDAY</b>								
Wednesday-7/11	<b>DIWALI HOLIDAY</b>								
Thursday-8/11	Fruit&Veg Salad	Phulka	jeera rice	paneer butter masala	Gobi mutter	dal tadka	Boondi Raita	mango pickle	cut fruits/osmania biscuits
Friday-9/11	Onion Cucumber Salad	aloo paratha	Plain rice	rajma	Donda Fry	Chana lauki dal	Plain curd	Double Ka meetha	Samosa/ Banana

**Week 2**      **12/11/2018 -**  
**16/11/2018**

Days	Salad/soup	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday-12/11	Kaala Chana Salad	Chapati	Plain rice	Aaloo dum	Corn Sabzi	Dal Tadka	Raita	motichur laddoo	Maggi noodles
Tuesday-13/11	Onion Cucumber Salad	Veg Fried Noodles	Fried Rice	Sweet and Sour Veg	Veg Manchurian	Dal Tomato	Raita	Butter Milk	Ice Cream
Wednesday-14/11	Fruit Veg Salad	Chapathi	biriyani	Veg Korma	bhindi fry	Moong Dal Fry	Raita	Lemon Pickle	Fruit custard
Thursday-15/11	Mixed Green Salad	Phulka	Plain rice	Daal Makhani	Beans carrot fry	Aaloo Bajji	Plain curd	Lemon Pickle	Veg poha
Friday-16/11	<b>SPORTS CUM CULTURAL FEAST</b>								



I WON'T BE IMPRESSED WITH TECHNOLOGY UNTIL I CAN DOWNLOAD FOOD.

FOOD ≠ FAT  
FOOD = ENERGY  
FOOD = LIFE