



SCHOOL MENU



Week 1 11/02/2019-15/02/2019

Days	Salads	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday-11/02/19	Green Salad	Aloo Paratha	Plain Rice	Rajma	Sweet Corn Fry	Dal Tomato	Plain Curd	Butter Milk	Dahi Wada
Tuesday-12/02/19	Onion Cucumber Salad	Pav	Plain rice	Bhaji	Baingan Aloo Fry	Dal Tadka	Plain curd	Butter Milk	Cut fruits/Osmania Biscuits
Wednesday-13/02/19	Veg Fruit Salad	Muli Paratha	Matar Pulao	Aaloo Dum	Beans Fry	Dal Sabut Moong	Raita	fryums	Samosa/Banana
Thursday-14/02/19	Onion / lemon salad	chapathi	Plain rice	Turai, tomato	Palak, soya dry	Khati Dal	Plain crud	Lemon Pickle	cut fruit/ biscuits
Friday-15/02/19	Onion Tomato Salad	Missi Roti	jeera rice	paneer butter ma-sala	aloo gobi	Dal Tadka	Bondi Raita	Sevaiya Payasam	Kathi roll

Week 2 18/02/2019-22/02/2019

Days	Salads	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday-18/02/19	Kala chana Salad	Idly	Plain Rice	Coconut Chutney	Cabbage Poriyal	Veg Sambar	Plain Curd	Mango Pickle	Veg Poha
Tuesday-19/02/19	Onion Tomato Salad	Chapathi	Jeera Rice	Paneer Butter Ma-sala	Aloo Gobi	Dal Tomato	Bondi Raita	Ice Cream	Orange/ finger chips
Wednesday-20/02/19	Mix Green Salad	Missi Roti	Plain Rice	Aaloo Dum	Capsicum corn	Dal Makhani	Plain Curd	Butter Milk	Kachori/ Banana
Thursday-21/02/19	Fruit Veg Salad	Chapathi	Veg Biryani	Veg Korma	Bhindi Fry	Dal Tadka	Raita	Ginger Pickle	Chutney / Jam/ Butter Sandwich
Friday-22/02/19	Carrot/Cucumber Salad	Puri	Plain rice	Chole	Aloo Tomato fry	Dal Fry	Raita	Motichur Ladoo	Pastries

PEOPLE WHO LOVE TO EAT ARE ALWAYS THE BEST PEOPLE.



I WON'T BE IMPRESSED WITH TECHNOLOGY UNTIL I CAN DOWNLOAD FOOD.

FOOD ≠ FAT
FOOD = ENERGY
FOOD = LIFE