

# School Food Menu



10/02/2020 - 15/02/2020									
Week 1	Salads	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday - 10/02	Mixed Green Salad	Chapati	Plain rice	Kadahi Paneer	Bhindi jaipuri	Tomato dal	Masala raita	Fryums	sandwich
Tuesday - 11/02	Onion/tomato salad	Palak paratha	Jeera Rice	Mix veg kadai	Beans coconut	Moong dal	Raita	Lemon pickle	Corn 65
Wednesday - 12/02	Cucumber salad	Methi Paratha	Fried Rice	Aloo gobi curry	Cluster beans fry	Dal Makhani	Onion raita	Mixed veg pickle	Muffins/banana
Thursday - 13/02	Sprout Chat salad	Mini Uthappam	Plain rice	Coconut /ginger chutney	Cabbage coconut fry	Veg sambar	Plain Curd	Papad	Fruit Custard
Friday - 14/02	Cucumber tomato salad	Paratha	Pulao	Mirchi ka Salan	Aloo 65	Rajma	Jeera raita	Boondi laddu	Raagi biscuits/ banana
Saturday - 15/02					HOLIDAY				
17/02/2020 - 22/02/2020									
Week 2	Salads	Bread / Main Dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday - 17/02	Sweet corn salad	Pav	Pudhina Rice	Bhaaji	Bagara baingan	Lasuni palak dal	Tomato raita	Gongura pickle	Raagi cake
Tuesday - 18/02	Mixed Veg fruit Salad	Poori	Lemon Rice	Chole	Zeera Aloo	Thotakura dal	Plain curd	Fryums	Maggie
Wednesday - 19/02	Boiled chana salad	Paratha	Vegetable biriyani	Butter Paneer Masala	Cabbage green peas sabzi	Khatti dal	Boondi curd	Mango pickle	Pastry
Thursday - 20/02	Greek salad	Chapati	Bisibeli Bhaat	Palak pakoras	Beans curry	-	Raita	Papad/lemon pickle	Cut fruits
Friday - 21/02	Russian salad	Hong kong noodles	Vegetable Fried Rice	Schewan sauce	Veg Manchuria	Clear soup	Onion raita	Carrot halwa	Coleslaw sandwich
Saturday - 22/02	Onion Cucumber Salad	Aloo Paratha	Plain rice	Mix veg curry	Baingan onion Fry	Rajma	Raita	Lemon pickle	Samosa/Banana

PEOPLE WHO LOVE TO EAT ARE ALWAYS THE BEST PEOPLE

FOOD ≠ FAT

FOOD = ENERGY

FOOD = LIFE

