

SCHOOL FOOD MENU



Week 1									
02/09/19 - 06/09/19									
Days	Salads	Bread/Main dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday - 02/09				 Ganesh	 Chaturthi				
Tuesday - 03/09	Onion cucumber salad	Plain Paratha	Steamed Rice	Paneer butter masala	Gobi Aloo fry	Toor dal	Curd	Pickle	Osmania biscuits/ Banana
Wednesday - 04/09	Sweet corn onion salad	Hong Kong Noodles	Schezwan Rice	Veg sweet and sour	Veg Manchurian	Tomato Soup	Onion Raita	-	Fruit custard
Thursday - 05/09	Onion Cucumber Salad	Puri	Plain rice	Chole	Potato fry	Moong dal	Plain Curd	Lemon pickle	Pastry
Friday - 06/09	Veg Fruit Salad or Koshimbir	Roti	Lemon Rice	Raj ma	French beans Fry	Tomato dal	Boondi Raita	Laddu	Kachori
Saturday 07/09	Onion tomato Salad	Missi Roti	Steamed rice	Donda Masala	Mixed Veg Fry	Palak dal	Plain curd	Pickle	Jam Butter Sandwich /Banana
Week 2									
09/09/19- 13/09/19									
Days	Salads	Bread / Main Dish	Rice	Wet Curry	Dry Curry	Dal	Curd	Special Item	Snacks
Monday - 09/09	Veg Salad	Roti	Kashmiri Pulao	Lobhia	Turai tomato fry	Plain dal	Boondi Raita	Gongura chutney	Plum Cake
Tuesday- 10/09	Onion Cucumber Salad	Parantha	Plain rice	Soya nuggets curry	Bhindi do pyaaza	Lauki Daal Tadka	Raita	Papad	Water melon
Wednesday - 11/09	Boiled chana salad	Phulka	Bisibeli bhaat	Matar Paneer	Aaloo Capsicum	Rasam	Plain curd	Lemon pickle	Pastry
Thursday - 12/09	Onion Tomato Salad	Vada	Rice	Bagara Baingan	Coconut chutney	Vegetable Sambar	Boondi curd	Mango pickle	Cut fruits
Friday - 13/09	Sweet corn salad	Paratha	Pudina Rice	Kala chana masala	Tomato Onion Sabzi	Moong Dal	Onion Raita	Puran poli	Veg sandwich/ banana

PEOPLE WHO LOVE TO EAT ARE ALWAYS THE BEST PEOPLE

FOOD ≠ FAT
FOOD = ENERGY
FOOD = LIFE

