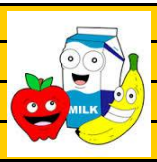
SUCHITRA ACADEMY

Food Menu



3/12/2018
3/23/2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	3/12/2018	3/13/2018	3/14/2018	3/15/2018	3/16/2018
Short Break	MILK WITH ADDITIVES-BOURNVITA/HORLICKS ETC				
09:20 a.m.	Onion Tamato Salad	Aloo Chana Chaat	Tomato Soup	Mixed Green Salad	Chatpata Salad
	Chapati	Phulka	Veg Noodles	Aloo Paratha	Phulka
	Palin Rice	Jeera Rice	Veg Fried Rice	Plain Rice	Onion Kadepatha Rice
Lunch	Raj ma	Bhindi Masala	Sweet n Sour Vegetables	Punjabi Kadhi with Pakoras	Methi Malai Paneer
12:10 p.m.	Palak Corn Fry	Aloo Methi Fry	Manchuria Dry	Kadai Vegetables	Flat Beans Fry
	Dal Lasooni	Yellow Dal	Tamato Dal	Ginger Chutney	Dal Panch Rang
	Raita	Carrot Raita	Plain Curd	Plain Curd	Boondi Raita
	Butter Milk	Papad	Butter Milk		Balushah
ONLY FOR Gr. IX & X					
	Vegetable Sandwich	Cut Fruits	Chocolate Muffin	Aloo Bonda/Banana	Cookies/Orange

	Monday	Tuesday	Wednesday	Thursday	Friday
	3/19/2018	3/20/2018	3/21/2018	3/22/2018	3/23/2018
Short Break	MILK WITH ADDITIVES-BOURNVITA/HORLICKS ETC				
09.20 a.m.	Onion Tomato Salad	Fruit and Veg salad	Mixed Fruit Salad	Corn Chaat	Onion Cucumber Salad
	Puri	Masala Paratha	Phulka	Phulka	Plain Paratha
	Plain Rice	Plain Rice	Lemon Rice	Plain Rice	Plain Rice
Lunch	Cholay	Lobia Masala	Daal Makhani	Chana Dal	Palak Paneer
12.10 p.m.	Aloo Jeera Fry	Bhindi fry	Gobi Fry	Mixed vegetable	Donda Fry
	Sabut Moong Dal	Tamato Dal	Torai Tomato	Baigan aloo	Gongura Dal
	Raita	Mint Raita	Plain Curd	Carrot Raita	Raita
	Butter Milk	Cut Mango Aachar	Butter Milk		White Rasgulla
Only for Gr. IX & X	Mixed Fruit	Samosa/ Banana	Masala Vada/ Banana	Watermelon Cut	Butter chutnry Sandwich (brownB)